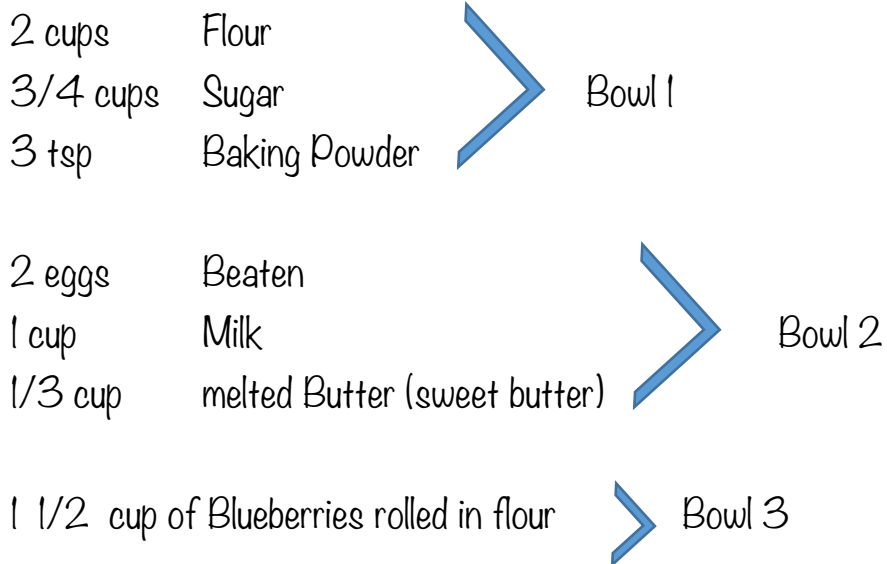


Blueberry Muffins



In three separate bowls mix the dry ingredients together, then mix the dry ingredients together, then mix the egg mixture together and in another bowl roll the blueberries in flour.

Then mix the egg mixture in with the dry ingredients until moist. Do not beat. Add the blueberries. Sprinkle muffin tins with a bit of sugar and then fill 3/4 full.

Bake in 400 degree oven for 18 to 20 minutes or until brown.

Follow same for Apple muffins but add 1 1/2 cups of chopped apples and 1 teaspoon of cinnamon to mixture – toss with cinnamon flour.

Cool in pan.

This recipe can be varied with different fruits...try your own version.